

# *DAILY self-love*

*manifestation*

*journal*



A SELF-LOVE — INTERNAL HEALING JOURNEY

*create your dream life*









TODAY'S *date*      /    /

What feelings would you have if you achieved your goals?

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---



TODAY'S *date*        /        /

What would you wish for right now if you saw a shooting star?

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---



